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Since 1981, SAILS
has worked to make San Antonio
and the surrounding counties
a better place to live,
work and play
for people with disABILITIES

Our Mission

To advocate for the rights
and empowerment of
the people with disABILITIES
and to provide needed services
to people with disABILITIES in order
to increase their self-determination
and independence

Independent Living Philosophy

Our Mission:
Advocate for the rights and empowerment of people with DISABILITIES and to provide services to them in order to increase their self-determination and independence



SAILS Consumers participate in many available group activity meetings that are beneficial for their independent living skills

People with disABILITIES have the right to be treated with dignity and respect; the right to live and receive services in their own homes, and to decide for themselves what is the best for them.

Independent Living is different from other social services in that people with disABILITIES decide what services are needed and the best way to receive those services. This allows individuals more control over their own lives and leads to independence.

For more information, visit our website:
<http://sailstx.org>

Five Core Services

ADVOCACY

Provide information and assistance for people with disabilities and their families in accessing support systems and promoting changes that enhance full access to the community. Provide education on the Americans with Disabilities Act (ADA) and information about disability rights.

INFORMATION AND REFERRAL

Provide up-to-date information referrals for community resources.

INDEPENDENT LIVING SKILLS

Provide one-on-one and workshops to enhance the ability to live independently.

PEER SUPPORT

Offer opportunities to interact and share information with peers.

TRANSITION SERVICES

Provide assistance for transition from a nursing home to community living.

Support Groups meet every first Friday, third Wednesday and fourth Thursday of the month



Other Vital Programs

SERVICES FOR THE DEAF AND PERSONS WHO ARE BLIND

Provide assistance to persons who are deaf/hard of hearing and deaf and blind.

ACCESSIBLE COMPUTER LAB

Consumers have access to free computer lab and a variety of trainings/workshops.

RECREATION/SOCIAL EVENTS

Provide opportunities for persons with disabilities to participate in various community activities, such as Americans with Disability Act (ADA) celebration.



A deaf consumer communicates with SAILS staff using American Sign Language (ASL)

SAILS Information

How can SAILS assist you
or your family members?

SAILS helps individuals with any
disabilities: mental, physical, cognitive,
and sensory.

At SAILS, you can:

- Learn skills to become independent
- Meet other people with disABILITIES
- Receive information and referrals
- Learn how to advocate
- Learn how to volunteer at SAILS
- Be a part of our community

SAILS volunteers, Hortensia Molina, Janie Cantu and
Margaret Gibson at annual volunteer luncheon



Services for the Communities

- Americans with Disabilities Act (ADA) Education and Awareness
- Disabilities Awareness Workshops
- Sensitivity Trainings

SAILS Service Areas



SAILS Office Hours

Monday - Friday 8:00am - 5:00pm

1028 South Alamo

San Antonio, Texas 78210

210.281.1878 V/TDD

210.281.1759 FAX

<http://sailstx.org>

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